



# AAPS NEWSLETTER

March, 2006

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*Baltimore, Maryland*

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## President's Message

Dear Members of the  
American Association of Plastic Surgeons:

I hope you all have had a pleasant holiday season, and on behalf of the Officers, Board and staff of the Association, I wish you all a very happy and healthy New Year.

### Annual Meeting

It will be my pleasure to welcome you and your spouse or guest to the 85<sup>th</sup> Annual Meeting of the American Association of Plastic Surgeons, to be held in Hilton Head Island, South Carolina from May 6-9, 2006. Please note that the meeting will have a slightly different format this year. The first day of the meeting and Opening Ceremonies will be held on Sunday, May 7, 2006, and will be preceded by our Welcoming Reception on Saturday evening May 6<sup>th</sup>. The Annual Member Business Meeting and the Presidents Dinner will be held on Monday, May 8<sup>th</sup>. The final morning is Tuesday May 9, 2006.

The amenities of the Westin Resort Hotel are impressive, and we are certain that your stay will be pleasurable. Dr. Hagerty and Dr. Bishop, our local hosts, have worked hard to organize a superb program of social activities, which I am sure you will enjoy. The area is renowned as one of the most popular vacation locations in the country with a rich variety of leisure, sightseeing, recreational and sporting activities available.

The Program Chair, Dr. Michael Yaremchuk and his committee have worked especially hard to prepare an outstanding program. Dr. Yaremchuk was pleased with the large response to the call for abstracts and the quality of this year's submissions.

Discussion has always been an important goal of the Association- this year, we will have the Audience Response System (ARS) to facilitate and improve that process. The panels and special speakers will add an additional timely perspective on our residency training systems, the educational process, and the state of medicine today.

### Membership Recruitment

Applications for potential members may be received up to September 1, 2006. The list of potential members will be circulated in the Fall newsletter, and members wishing to comment on the proposed applicants can write to the Membership Committee. The pre-ballot rating

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Paul N. Manson, M.D.

American Association of Plastic Surgeons  
85<sup>th</sup> Annual Meeting  
May 6-9, 2006  
Westin Resort  
Hilton Head Island, South Carolina  
[www.AAPS1921.org](http://www.AAPS1921.org)

## From the Strategic Planning Committee

Michael L. Bentz, MD, FAAP, FACS, Chair

The Strategic Planning Committee (SPC) has been particularly active over the past several years assessing and addressing challenges facing the American Association of Plastic Surgeons. While the AAPS has had a strong and integral role in the evolution of organized plastic surgery over many decades, its leadership is interested in rekindling innovation in plastic surgery, engaging its membership, and serving as the centerpiece of creativity and contribution to our specialty. Multiple challenges face plastic surgeons including competing time commitments, financial constraints, disincentives to research and creativity, and the increasingly complex environment in which we teach and care for patients. Our rich tradition of innovation, energy, patient driven problem solutions, and collaboration should position the AAPS to be synergistic with creative solutions to these contemporary challenges.

The current SPC has proposed that a formal strategic planning effort be undertaken by AAPS leadership and members, contemporaneously addressing short, intermediate and long term planning issues in order to guide the AAPS into the near and distant future. The SPC expects that such a formal strategic planning process can define specific steps to reach the goals of the AAPS in an orderly and sequential fashion, focusing on the transition to the organization's one hundredth anniversary in 2021.

Some areas currently under assessment include annual meeting location, timing and attendance issues, opportunities to increase the quality and quantity of member interactions, as well as identification and provision of useful resources for mid-level and new members. Some of the tangible specific solutions that have been proposed and are currently being evaluated include a change of the meeting venue and timing, meeting co-scheduling with other organizations, live web based educational program and meeting broadcast,

establishment of a mentor program between senior and junior clinicians, residency program directors, and academic leaders, as well as increasing the focus on assimilating new and relevant technologies for plastic surgery.

In addressing the critically important latter issue of technology assimilation, the Association of Academic Chairs of Plastic Surgery (AACPS) Panel at the AAPS meeting in Hilton Head this year will be held in conjunction with, and supported mutually by AAPS, addressing "Simulation" as a relevant technology for plastic surgery to embrace and further develop for both education and patient care. (Please see page 7 for additional details on the panel.)

As part of this ongoing strategic planning process, surveys will be sent to specific AAPS member constituencies to gain feedback, particularly from new and mid-level members. Please take a few minutes out of your busy schedule to complete and return these surveys by March 1, 2006. Your AAPS leadership is interested in serving its member's needs, while positioning itself as the plastic surgery organization where creativity, innovation, energy, and excitement are pervasive.

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## Membership in AAPS

Encourage your colleagues to apply for AAPS Membership!

- ♦ AAPS membership is reserved for plastic surgeons that have distinguished themselves by their contributions and commitment to plastic surgery.
- ♦ AAPS members are expected to present and discuss papers and participate in the AAPS Annual Meeting.
- ♦ Members enjoy a lifetime of collegiality and professional interaction within this special community of plastic surgery's elite leadership.

### Requirements

- ♦ A candidate must be sponsored by two Fellows of the American Association of Plastic Surgeons, one of which must be from the candidate's community. A Fellow may sponsor only two new candidates per year.
- ♦ An Application for membership may be submitted no earlier than five (5) years following certification by either the American Board of Plastic Surgery or the Royal College of Physicians and Surgeons of Canada (in plastic surgery). An exception made for those who lack certification may be granted to outstanding plastic surgeons, foreign or domestic.
- ♦ The number of members elected is generally equal to 1/2 of 1% of the total number Plastic Surgery Diplomates, limiting the number of new members to approximately 30 each year.

**AAPS WILL ACCEPT COMPLETED APPLICATIONS RECEIVED BEFORE SEPTEMBER 1, 2006 FOR 2007 ELECTIONS.**

**Applications are available on the website: [www.aaps1921.org](http://www.aaps1921.org) or through the Administrative office, (978) 927-8330.**

## President's Message

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procedure will be circulated in the Winter. The membership application must be supported by a sponsor and a co-sponsor, who must endorse the candidate with a statement of recommendation. The application may be obtained on-line or by writing the Association offices.

### Budget

Our annual budget has grown with expanded activities—the Academic Scholar program, the addition of support services, the purchase of insurance for the Board and other items directly created by the complexity of the world we live in. Treasurer Dr. Lawrence Ketch will present an overview and update of the last 10 years during the Annual Business Meeting.

### Membership Strategy and the Number of Members

There has been considerable discussion of the membership process and its timelines, and of the absolute number of persons who make up the active membership of the Association. Many of our Active members do not attend the Annual Meeting on a regular basis. The Board and Officers of the Association have discussed the issues, and commissioned your Secretary Dr. Stephen Mathes to survey the members not attending, and to present his results for discussion at the Annual Business Meeting.

President Elect, Dr. James W. May will summarize the opinions of the Officers and Board regarding necessary changes in the membership process, timelines, format of application, the absolute number of members in the Association, and relate it to the concept of "Functional Members." Additional proposals will be offered to make the membership process more transparent and fair. Please attend the Annual Business Meeting and be prepared to offer your thoughts and suggestions.

### Strategic Planning Committee and Membership Survey

The Strategic Planning Committee was assigned to poll our mid-level and younger members to see how the Association is meeting their needs, and to determine how the Association could be particularly relevant to these members. In-

terestingly, one half of our membership attends our meetings infrequently, with 20% not attending in 5 or more years. We are polling this group of our membership to determine how the Association could be postured to be more relevant to their needs. The summaries of these projects will be covered in detail at the Annual Business Meeting.

*It will be my pleasure to welcome you and your spouse or guest to the 85<sup>th</sup> Annual Meeting of the American Association of Plastic Surgeons, to be held in Hilton Head Island, South Carolina from May 6-9, 2006.*

### EURAPS-AAPS and the 100<sup>th</sup> Anniversary Meeting

EURAPS and AAPS strengthened their relationship by agreeing to exchange members reciprocally on their Program Committees. The President of EURAPS will serve on the AAPS Program Committee and attend the AAPS Meeting. The Immediate Past President of the AAPS will serve on the EURAPS Program Committee and attend (as in the past) the EURAPS Meeting. Discussions centering on the possibility of a combined meeting in the future have not produced any formal proposal. I would like to propose that the 100<sup>th</sup> anniversary meeting of the American Association of Plastic Surgeons in 2021 be the stimulus to capture that opportunity.

### Update of Bylaws and Operations Manual

The three year process of updating the Bylaws and Operations Manual is almost complete. With the introduction of management services and the changing needs of the current Association structure, "e" communication and similar revolutions, the manual on governance and operations was much in need of revision. The proper format of the manual has always been a priority for Dr. James May, and he was assisted in this process by Drs. Robert Ruberg and Paul Manson. The third set of revisions will be presented to the Board this spring and the process is expected to be fully complete by the close of Dr. May's presidency.

## European Association of Plastic Surgeons

17<sup>th</sup> Annual Meeting  
May 25-27, 2006  
Istanbul, Turkey



**EURAPS**  
European Association of Plastic Surgeons

Access Reserved for EURAPS members

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ideas: Petra BURSSSENS, Gent, Belgium  
Web design: Webbers

[www.euraps.org](http://www.euraps.org)

# AAPS 85<sup>th</sup> Annual Meeting / May 6-9, 2006 *(Program begins on Sunday)*

## Westin Resort, Hilton Head, South Carolina

As your Local Arrangement Chairs for the 85th Annual Meeting of the American Association of Plastic Surgeons, we would like to invite you to join us for the 85th Annual Meeting on Hilton Head Island, South Carolina. The Westin Resort has been selected as the location for our meeting and we think you will find it an outstanding venue. May is a great time to be in Hilton Head to enjoy all the al fresco activities including golf, swimming, tennis and exploring the island. Superb restaurants and shopping are readily available and the historic 8th century cities of Charleston, South Carolina and Savannah, Georgia are all within easy driving distance. Dr. Barry Bishop has organized a great golf and tennis tournament, as well as a 5-k Fun Run, along the beautiful Hilton head beaches.

Please mark your calendars for May 6-9, 2006. We look forward to seeing you at the 85<sup>th</sup> Annual Meeting. Please feel free to contact us at (843) 722- 985 or at email address cpspa@ bellsouth.net. Richard & Barbara Hagerty, Co-Chair, Local Arrangements Committee  
J. Barry & Anne Bishop, Co-Chair, Local Arrangements Committee

### SUNDAY, MAY 7, 2006

#### Introduction of New Members

Stephen J. Mathes, MD, Secretary

#### James Barrett Brown Award

Introduced by Susan E. Mackinnon, MD

#### Clinician of the Year

Introduced by Paul N. Manson, MD

#### Honorary and Distinguished Fellow Award

Introduced by Robert L. Ruberg, MD, Chair,  
Honors Committee

#### Announcement of AAPS – Hoopes Foundation

##### Academic Scholar

Steven R. Buchman, MD, Chair,  
Research and Education Committee

#### Tribute to Research Council: History of Plastic Surgery

#### Presentation of 2005 Leonard R. Rubin-AAPS Award Paper

Introduced by: James W. May, MD, President-Elect

#### Presidential Address

*"The Road Less Traveled"* - Paul N. Manson, MD  
Introduced by Joseph G. McCarthy, MD

#### Murray Lecturer

*The Inviolable Social Contract: Education and the  
Academic Medical Center*

Charles Flexner, MD, Vice Chair Medicine, Johns Hopkins  
Discussion by Stephen H. Miller, MD, MPH

#### Introduction to the Audience Response System

#### Scientific Session I

Co-moderators: Donald Mackay, MD  
Randolph Sherman, MD

#### Panel - *New Technologies in Plastic Surgery: Promises and Reality*

Moderator: Christopher Forrest, MD  
Panelists: Chris Attinger, MD  
Dennis Hurwitz, MD  
Jim Zins, MD

#### Scientific Session II

Co-moderators: Scott Spear, MD and Charles Thorne, MD

### MONDAY, MAY 8, 2006

#### Scientific Session III

Co-moderators: L. Franklyn Elliott, MD  
Maurice Nahabedian, MD

#### Aesthetic Panel: Periorbital and Midface Rejuvenation

Moderator: Michael J. Yaremchuk, MD  
Panelists: Joel Feldman, MD  
Harvey Rosen, MD  
Sidney Coleman, MD  
Bruce Connell, MD

#### Scientific Session IV

Co-moderators: Gustavo Colon, MD  
Riccardo Mazzola, MD

#### Introduction of EURAPS Officers

#### Presentation of EURAPS Award Paper

*The Subcostal Perforator Flap - An Anatomical Study*  
Mihai Adrian Constantinescu, Dominik Feinendegen,  
Thomas Niederhäuser, Esther Vögelin, Andrej Banic,  
Inselspital, Bern, Switzerland

#### Furnas Academic Scholar Presentation

*Regional Anatomic and Age Effects on Differentiation of  
Human Preadipocytes*  
J. Peter Rubin, MD, University of Pittsburgh

#### Annual Business Meeting Luncheon (Members Only)

### TUESDAY, MAY 9, 2006

#### Scientific Session V

Co-moderators: Michael Bentz, MD  
Joseph Gruss, MD

#### AACPS Panel: The Role of Technology in Plastic Surgery Education and Training

Co-Moderators: W. Thomas Lawrence, MD  
Joseph M. Rosen, MD  
Panelists: Alan Liu, PhD  
Dwight Meglan, PhD  
Aaron Olikier, PhD  
Stephen Schendel, MD

#### Scientific Session VI

Co-moderators: David Netscher, MD  
Nicholas Vedder, MD

*SOCIAL ACTIVITIES to enjoy during the Annual Meeting*

**President's Reception & Banquet**

MONDAY, MAY 8, 7:00 pm – 11:00 pm

We hope you can join us in celebrating the close of the 85th Annual Meeting. The evening will begin with a one hour reception taking place in the Savannah Foyer. Following the reception, the party will move into the Grand Ballroom where you will enjoy a delectable dinner & entertainment. Don't forget to bring your dancing shoes because once those dessert plates are cleared, your presence is requested on the dance floor. The music of the Headliners will keep you dancing the night away. Attire: Black tie optional.

**Golf Tournament**

MONDAY, MAY 8, 2:00 pm Shotgun Start

The AAPS Golf tournament will be held at the Port Royal Golf Course. This exclusive Championship Golf Course has been rated as one of the Top 75 Courses in the U.S. by Golf Digest Magazine and as one of the Top 100 Resort Golf Courses in the World by Golf Magazine. The registration fee of \$75 includes green fees, golf cart, one sleeve of premium logo golf balls, and prizes. Registration is required so please be sure to check this off on your registration form and provide us with your handicap. Shoes and clubs can be rented at your own expense.

**Tennis Tournament**

MONDAY, MAY 8, 2:00 pm

This fun event is a perfect opportunity to mingle with colleagues and meet new friends. Open to all skill levels. Registration is complimentary but required. Please be sure to indicate your participation on the registration form.

**5k Fun Run**

MONDAY, MAY 8, 6:30 am

This year's Fun Run is sure to rejuvenate you for the day ahead. Catch the sunrise as you run along the beautiful white-sand beaches of Hilton Head Island. The fun run is a great way to get out and see the beautiful Hilton Head coastline firsthand. Registration is complimentary but required. Please be sure to indicate your participation on the registration form.



**Welcome Reception**

SATURDAY, MAY 6, 6:00 pm - 7:30 pm

Join old friends and colleagues for light hors d'oeuvres and cocktails before heading out to dinner at one of the many fabulous restaurants located on Hilton Head Island. The Welcome Reception kicks off the AAPS 85<sup>th</sup> Annual Meeting. Be sure to take a few moments to take in the breathtaking view from the Ocean Front Deck, overlooking the pristine white-sand beaches of the Atlantic Ocean.

**OPTIONAL ACTIVITIES  
AVAILABLE IN THE AREA**

**Dolphin Watch – Dolphins Guaranteed**

(843) 363-2900

**Water-Dog Outfitters –  
Kayak, Bike & Nature Expeditions**

(843) 686-3554

- Broad Creek
- Pinckney Island
- May River
- Great Swamp
- Pickney Island Bike Tour
- Kayak Rentals

**America's Cup Sailing**

(843) 363-9446

- Ninety-Minute Afternoon Sail
- Two-Hour Sunset Sail

**Sky Pirate Parasail**

(843) 842-2566

**Register online at [www.aaps1921.org](http://www.aaps1921.org)**

## AACPS Panel

### ***The Role of Technology in Plastic Surgery Education and Training***

*to be held during the AAPS Annual Meeting*

**Tuesday, May 9, 2006 / 9:30 am**

The AACPS Panel is expected to:

- ♦ Discuss present problems in training plastic surgeons and the possible role of technologies in correcting these problems. Specific problems include the need for detailed metrics to measure how well our residents develop their skills during their training programs and how we can incorporate more objective parameters that are reproducible and reliable. For example, the role of simulators to provide metrics that would assess resident's ability to choose the right operation and then perform the specific operation.
- ♦ Present an overview of how simulators and technology would be incorporated into our present curriculums of education. We will look at how other groups like the American Board of Surgery and the American College of Surgeons are incorporating simulators into their future plans. We will also look at how several institutions around the US and elsewhere are presently using simulators in training centers.
- ♦ Look at specific simulators that have been developed by our membership over the past ten years or more that can now be built upon to provide the foundation for using this technology in our field. We will identify where we have good simulators and where new simulators need to be developed. For example, several simulators for cleft lips and palates have been successfully developed for use in training residents.
- ♦ Review possible roles of technology and simulators in increasing safety in our field, specifically how to train residents to avoid errors that lead to major complications. These are often the result of overlooking key signs that could have prevented the error if recognized early enough or could have led to an effective treatment.

#### **SPEAKERS**

**TOM LAWRENCE, MD** will address the specific needs of our training programs. Only some can be addressed by technology and simulators and we will focus on the ones that are most amenable to simulators and technology.

**DWIGHT MEGLAN, PhD** will present how we can incorporate simulators and technology into our curriculum using the American College of Surgeons and the American Board of Surgery as a guide.

**STEPHEN SCHENDEL, MD** will present his ten-year experience with simulators in training for craniofacial surgery for both congenital deformities and for acquired defects of the head and neck. Specifically he will address cleft lip, facial clefts and cancer resections of the oral cavity.

**ALAN LIU, PhD** will address how a full complement training center performs education of residents and evaluations. This includes virtual patients, simulators and large-scale virtual environments for operational teams. He will also address how to prevent untoward events and the role of simulators in helping to increase our level of safety.

**AARON OLIKER, PhD** will present the system from Court Cutting's lab that will be demonstrated during the demo session. He will briefly describe some of the trade-offs in getting the best simulator to run on a PC platform. This is an ideal platform because it is easy to use, inexpensive and still remains highly realistic in visualization and responsiveness.

**JOSEPH ROSEN, MD** will discuss what the next steps are for our Association to incrementally develop a plan for technology and simulation in our training programs. He will also examine what new technologies we can incorporate from other fields and agencies to help us with our own problems and issues.

## Make plans to attend the 2007 AAPS Annual Meeting May 20-23, 2007

### The Coeur d'Alene Resort / Coeur d'Alene, Idaho

The Coeur d'Alene Resort brings five-star luxury to the edge of one of America's most beautiful lakefront communities. With a Gold Medal golf course, a European spa and six restaurants to choose from, The Resort is the perfect place to get away from the world. And when you feel like stepping out, The Resort is right in the heart of downtown Coeur d'Alene's thriving shopping and outdoor recreation.

The Coeur d'Alene Resort boasts some of the best extra curricular activities in the entire country, most noticeably at The Coeur d'Alene Resort Golf Course. Each round of golf includes a shuttle to the course via a custom-designed, handcrafted, Honduran mahogany water taxi, range time at the over-the-water driving range, a forecaddie, deluxe cart and a complimentary "range massage." It's no wonder Golf Digest and Golf Magazine® rate the course as one of the top resort golf courses in the world. And Golf Digest recently named the course the #1 Conditioned Public Golf Course in North America.

There's always something to do at the lake and The Resort: Parasailing, kayaking, sailing, charter fishing and scenic seaplane rides are just a few of the activities within walking distance. At The Boardwalk Marina, you'll find boat rentals ranging from runabouts to cruise boats. On-site amenities include outdoor and indoor pools, hot tubs, lighted tennis courts, and our private beach.

After a day of meetings, relax and renew in The Resort Spa with a hot stone massage, a wildflower facial or a special Kür treatment. The Spa features specialty treatment rooms, a full-service salon and lakeside meditation room complete with herbal teas, relaxing music and a calorie-conscious lunch menu. In addition, you'll find a fitness center complete with a junior-Olympic pool, a cardiovascular workout center, two Jacuzzi tubs, and sauna and steam facilities.

Both world-class and window shoppers will delight in the variety of shops and art galleries waiting to be explored. Just a short stroll over The Resort's sky bridge, you'll find one of the West's premier resort shopping experiences at The Resort's Plaza Shops. Shoppers will find original art, collectible antiques, designer fashions, unique gifts and Lake City souvenirs. Past the Plaza Shops, you'll discover even more specialty shops, art galleries, brewpubs and coffee houses, all offering a relaxing atmosphere.

#### From Dream to Reality

*The Coeur d'Alene Resort opened in 1986 on the shores of Lake Coeur d'Alene to international acclaim. Rising 18 stories high at water's edge, the distinctive towers are designed by architect R.G. Nelson, capped by steep copper roofs and copper-peaked bellfries. Duane Hagadone, founder and chairman of Hagadone Hospitality, was born and raised in Coeur d'Alene and envisioned a world-class destination resort. That dream became a reality in partnership with Jerry Jaeger, another Northwest native who is now president and co-owner of Hagadone Hospitality.*

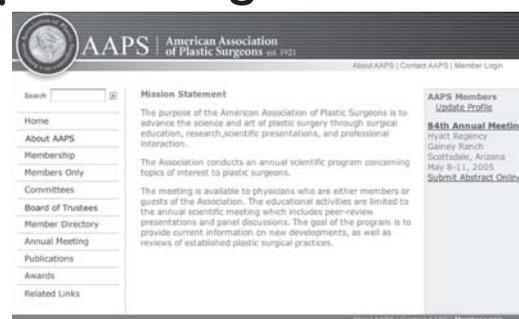


## Check out the AAPS Website: [www.aaps1921.org](http://www.aaps1921.org)

The AAPS website offers up-to-date member communications and information including:

- ♦ **Annual Meeting** information, including program changes;
- ♦ Association News;
- ♦ **MEMBERS ONLY** Section-allows you to access and update your contact information;
- ♦ Search for your **Colleagues**;
- ♦ Download membership applications;
- ♦ Obtain Academic Scholar Award Information.

**VISIT TODAY !**



Notes to Visitors: The AAPS does not act as a clearing house for medical information, patient referral, or physician access. The annual meeting has no commercial entities.  
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The American Association of Plastic Surgeons  
**85<sup>th</sup> ANNUAL MEETING**

**May 6-9, 2006 The Westin Resort, Hilton Head Island, South Carolina**



**AMERICAN ASSOCIATION OF PLASTIC SURGEONS**

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Beverly, MA 01915

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